



A new year comes with new beginnings, and opportunities.

Membership Newsletter & Social (MNS) Committee

Get Involved!

Become a Steward

Get to know your union and your co-workers by becoming a Steward. Want to learn more about the role of Steward? Please contact our Chief Steward at info@uwosa.ca.



UWOSA Committees:

- Constitution and Bylaws
- Education and Training
- Finance
- Membership Newsletter and Social

To learn more about how to join a committee please contact the UWOSA office at info@uwosa.ca.

What does the committee do?

The committee works as a team to investigate and propose programs and policies which will engage and advance the educational, social, and cultural interests of the Association membership. The committee advocates and provides information through newsletters/bulletins and offers opportunities for social/community engagement through activities.

Committee Member Responsibilities

- Participate (including occasionally taking minutes) in MNS Committee meetings.
- Actively engage and serve as a team leader during social/community engagement activities.

Why are committees important?

- Members ARE the union.
- Membership engagement is vital for continuous advocacy for an equitable work environment for EVERYONE!
- If you have suggestions or ideas this is the forum/opportunity for you to bring it to the table. **Help contribute & make a difference!**

What are some benefits to joining a UWOSA committee?

- Gain or develop new skills like event planning, advocacy, leadership, etc.
- Try something new in a low-pressure environment. If unsure if a committee is the right one for you, then feel free to attend the next committee meeting to see if the committee is right for you
- Meet new and fellow UWOSA Members
- Low commitment as most committees meet quarterly (4 times a year) for 1-hour meetings.
- Learn and contribute to shape UWOSA's path forward!

Here is a list of UWOSA Committees that need YOU:

- **Constitution and Bylaws**
- **Education and Training**
- **Finance**
- **Membership Newsletter and Social**

Check out the committees **Terms of Reference** to find/learn about UWOSA's Committees – **WHERE** logging into UWOSA's website, click on "**Members → Governance Agreements & Forms**" and please contact the UWOSA office at info@uwosa.ca and join a committee.

February 2023

REMINDER

PDQs

Please send UWOSA your signed PDQ to info@uwosa.ca, as UWOSA is preparing early for our next round of negotiations. Article 44 – Job Evaluation is an especially important article in our Collective Agreement, we need your help to ensure the integrity of our job evaluation process is being maintained.

Health Care Spending Account (HCSA)

Health Care Spending Account (HCSA) 2023 allotted funds resets. If you have unused funds from the 2022 calendar year, please ensure you use it up by the deadline. Please check your [Manulife account](#) for details on your HCSA balance

Accident/Illness/Incident Report (AIIR)

If you fall or have an accident or illness at work, please remember to complete an [AIIR form](#). More details about the AIIR can be found [HERE](#)



To report snow and ice management issues call [Facilities Management Client Services](#), 519-661-3304. Client Services phones are actively answered by a live agent 24 hours a day, 7 days a week.



Mark Your Calendar for UWOSA's February Lunch

Wednesday February 15, 2023

Seating 1: 12 – 1pm Seating 2: 1 – 2 pm

The Great Hall, Somerville House

TICKET PICK UP DATES & TIMES:

January 30 from 12:00pm -2:00pm

February 2 from 12:00pm -2:00pm

February 6 from 12:00pm -2:00pm

February 8 from 12:00pm -2:00pm

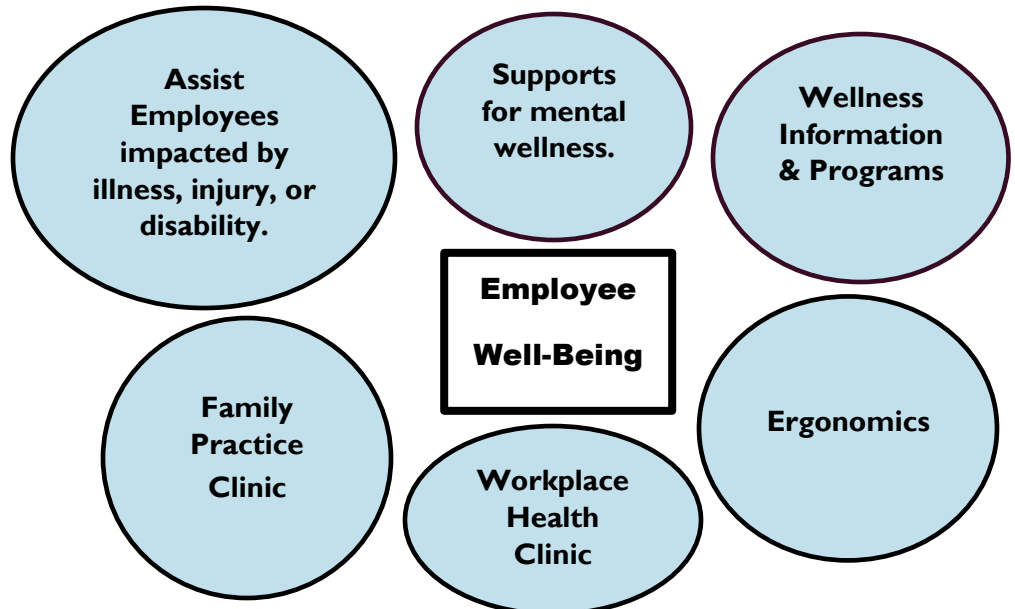
If you are unable to pick up your ticket, please email your Area Steward or the UWOSA Office (info@uwosa.ca) for assistance. Please put "UWOSA Luncheon" in the email subject line.

Dietary Requirements: If you have any dietary needs (vegetarian, vegan, gluten-free, allergies, etc.), you must email great.hall.catering@uwo.ca by **February 9th** with the subject "UWOSA Lunch" and which seating you plan to attend (12:00 - 1:00 p.m. or 1:00 – 2:00 p.m.).

Employee Well-Being

With the start of a new year just a reminder that [Western's Well-Being](#) formerly known as Western Rehabilitation Services offers physical and mental well-being supports that are available to all members.

Western Well-being can provide the following supports:



NOTE: All medical documentation should go to the Western Well-Being Consultant designated for your faculty or department. To find out who the Well-Being Consultant is for your faculty or department click [HERE](#). Check out **Article 24: Sick Leave and Disability Income Protection** to learn more.